Camp Bluedog Camper Information Sheet

Please bring this form along with your medical release form to

registration on the first day of camp

PERSONAL INFORMATION

Name(s): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ State: \_\_\_\_\_\_\_\_\_\_\_\_\_ Zip: \_\_\_\_\_\_\_\_\_\_\_\_\_

Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date of Birth: \_\_\_\_\_\_\_\_\_\_\_\_ Age: \_\_\_\_\_\_\_\_\_ Sex: \_\_\_\_Female \_\_\_\_Male

RIDING EXPERIENCE / BIKE

Ability Level: \_\_\_Beginner \_\_\_ Intermediate \_\_\_ Advanced \_\_\_ Race Experience

Years Riding? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

SWIMMING EXPERIENCE:

Ability Level: \_\_\_Beginner \_\_\_ Intermediate \_\_\_ Advanced \_\_\_

MEDIA INFORMATION:

Camp Bluedog occasionally will utilize teaching videos to illustrate the sport of

mountain biking. If you DO NOT want your child to view any videos, please

notate that here and we will provide a space with out media influence for that

camper. \_\_\_\_yes - my child can view a video \_\_\_\_no – video please

We also will be taking pictures to document camp experience and may use those

photos in future Camp Bluedog Promotional pieces. If you DO NOT want any

photos of your child used for promotional purposes. Please note that here:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

HEALTH INFORMATION

Doctor

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

EMERGENCY CONTACT

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Do you have any medical conditions?

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Any Surgeries or injuries?

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Any Allergies? Medications? Food? Dietary Concerns?

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Do you take medication regularly? If so, what and for what?

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Any other thoughts or concerns we should be aware of?

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Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_

Camp Bluedog Important Camp Information

· Campers will not be able to accept or make personal phone calls In the

event that you need to reach a camper please contact the Sugar Creek

office (contact info enclosed) or call/text Alycann’s Cell Phone #608-632-

3527. (cell service is limited)

· No cell phones or any other electronic devices are allowed at camp

· Please leave valuables at home. Camp Bluedog is not responsible lost or

stolen stuff

· All Campers Must have a Bicycle Helmet for Camp Bluedog

All Camper Bikes must be in working condition:

· CHECK TIRE PRESSURE AND INFLATE ACCORDINGLY

· CHECK FOR TIRE WEAR Look if you have any bald spots or balloons in

the sidewalls, replace tire.

· CHECK BRAKE LEVER AND CALIPER ACTION

· CHECK BRAKE PAD WEAR In general the rear pads wear out faster than

the front ones.

· CHECK ALL CABLES Derailleurs, brakes, check everything. If you see

rust or a cable starting to fray, don't wait, replace immediately.

· CHECK YOUR CHAIN AND LUBE IT Back pedal and watch for any links

that are stiff. Keep your chain lubricated properly and it will shift

smoother, and last longer.

· CHECK FOR ANYTHING LOOSE I mean everything. If it's screwed or

bolted, it will come loose at some point. Check them all!

· CLEAN YOUR BIKE Dirt and filth actually helps a bike to deteriorate.

Bluedog Cycles will be open late on Wednesday July 11, 2018 to assist campers

with their bikes if needed. If you have any concerns about your bike call Pete at

Bluedog Cycles 608-637-6993.

Suggested Stuff to Bring to Camp Bluedog

· Flashlight

· Bug Spray

· Clothing for warm to cool weather, sleepwear

· Rain Gear

· Sleeping Bag (Bedding)

· Pillow

· Swim Suit

· Bike Helmet

· Tennis shoes and/or cycling shoes